

# AZIENDA OSPEDALIERO UNIVERSITARIA delle MARCHE NETWORK AGAINST VIOLENCE



# **YOU'RE NOT ALONE!!**



NUMERO UNICO PER TUTTE LE EMERGENZE.



## YOU ARE A VICTIM OF VIOLENCE IF ...

He offends you, humiliates you *("you are worth nothing")* He scares you *("you are a bad mother, I'll take your children away")* He hits you, kicks you, pulls your hair, punches you

He pushes and slaps you

He threatens you or your children

He threatens your freedom, also economic

He demands love or sex against your will

He destroys objects to frighten you

He damages your things, he prevents you from working

He locks you in a room, he controls you (appearance, friendships, salary)

He isolates you (from friends and relatives), he follows you, he blackmails you

He calls you constantly to offend you

He torments you with obsessive text messages...

#### Phase of TENSION

#### Phase of AGGRESSION



Phase of REMORSE/ "HONEYMOON"

### THE CYCLE OF VIOLENCE

It is a continuous VARIATION of VIOLENT and LOVING behaviour

This switching is the TRAP from which it is difficult to free oneself

### **YOU'RE NOT ALONE!**

There is a **territorial anti-violence network**, consisting of public and private social and health services and the police force.

In the Marche region, there are 5 provincial anti-violence support centres, an emergency housing, women's refuges and shelters.

Protection programmes also involve the **minor children** of the woman victim of violence.

The victim of violence can benefit from **free legal protection**.

The victim of violence, who is an employee in a protection programme, is entitled to a **90-day leave** (to be taken within three years) compensated at 100 per cent.

The foreign woman victim of violence can obtain a specific **residence permit.** 

The victim of violence is exempt from medical visit fees for services received related to the violence.



## WHOM CAN YOU ASK FOR HELP?

At the Police Force, the nearest Social Service, the Anti-Violence Support Centre and Anti-Violence Network helpline



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https://www.1522.eu/

# ANTI-VIOLENCE SUPPORT CENTRES IN THE MARCHE

### **PROVINCE OF PESARO**

Anti-violence support centre "Parla con noi" - Pesaro, Via Diaz, 10 Tel. 0721/639014 (Answering service 24/7) E-mail: parlaconnoi@comune.pesaro.pu.it

### **PROVINCE OF ANCONA**

Anti-violence support centre "Donne e Giustizia" - Ancona, Via Senigallia, 16 Tel. 071/205376 - Toll-free number 800 032 810 E-mail: donne.giustizia@gmail.com

### **PROVINCE OF MACERATA**

Anti-violence support centre "S.O.S. Donna" - Macerata, Piazza Mazzini, 36 Tel. 0733/256487 E-mail: cavsosdonna@comune.macerata.it

### **PROVINCE OF FERMO**

Anti-violence support centre "Percorsi Donna" - Fermo, Piazzale Azzolino, 18 Toll-free number 800 215 809 E-mail: percorsidonna@ontheroad.coop

### **PROVINCE OF ASCOLI PICENO**

Anti-violence support centre "Donna con te" - Ascoli Piceno, Viale Federici Tel. 0735/85709 - Toll-free number 800 021 314 (Answering service 24/7) E-mail: donnaconte@ontheroad.coop

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