

Pregnancy: the steps of the journey of a low risk pregnancy

- Booking the first obstetric visit (*with a referral from the general practitioner for a “prima visita ostetrica”*) via CUP (Centralized Appointment Service) at the Obstetrics and Gynecology Clinic – Obstetric Clinic. During the first visit, the clinical and care process is explained:
 - blood chemistry tests
 - information on screenings for chromosomal disorders
 - information on timing of the following obstetric ultrasounds (I, II and III trimester – booking via CUP)
 - scheduling the following obstetric visits.
- themed meetings on birth support are suggested (see chapter 3)
- scheduling an anesthesiology visit (see chapter 4.3.1)
- scheduling a full-term pregnancy visit to discuss the methods and timing of delivery
- Assessing the well-being of the fetus (with a CTG) at the end of the pregnancy as part of the Low Risk Pregnancy journey.